

The Well Community

(a work of the Society of the Sacred Mission)



**Creating Community
Making for Encounter**

Faith in Action 2008

A programme of activities based around the Religious Calendar and our core values of:

**Spirituality,
Hospitality,
Inclusivity,
Peace & Justice and
Sustainability.**

The aim of these events is to create a space in which individuals can explore their faith and spirituality. Come and join in our events for 2008, we provide a peaceful space at the edge of Milton Keynes in the village of Willen, close to the 17th Century church of St Mary Magdalene (built by Robert Hooke), Willen Hospice and the Peace Park.

The Well at Willen

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IN 2008 WE OFFER:

Quiet Days & Retreats
Workshops
Seasonal Events
Open Tables
Regular Events
Special Events

Reflections on spirituality
Practical, personal and spiritual development
Events around the religious calendar
Hospitality with a meal and programme of speakers
Other regular activities run by the community and friends
A variety of important events

QUIET DAYS

Quiet days - Saturday 10.00am to 4.00pm - simple lunch provided. Cost £10 unless stated.

Please book at least 1 week in advance

16th Feb Quiet Day for Lent – Praying the Labyrinth - An opportunity to explore and pray - Rev. Liz Baker

20th March Maundy Thursday – Quiet Afternoon – 2.00 – 5.00pm with Margaret Moakes LLM & Rev. Liz Baker

17th May – Quiet Day – Quaker Faith & Practice. Continuing our series of reflections on Quaker spirituality– Robin Baker

21st June – Quiet Day ‘Stop in the Name of God’ an exploration of Ignation Spirituality. Margaret Moakes & Margaret Broadhurst

15th Nov Quiet Day – ‘Super, Natural Christians’ A day based around Creation Spirituality – Rev Margaret Goodall

6th December Advent Quiet Day – ‘Catching our Breath’, space and time in the busy preparations for Christmas. Fr. Colin Griffiths

RETREATS– dates listed below are guided retreats we also offer individual retreats

Silent retreats at Willen Priory led by Fr. Colin Griffiths and Rev. Liz Baker. 10am - 4pm £10

15 April – ‘Drawing from the Well’

9th Sept - ‘Water of Life’

WORKSHOPS

Workshops are of variable length and are priced individually. They cover areas where a more in depth study or practical work is desirable. Unless otherwise stated lunch will be provided. Booking required at least 3 weeks in advance of the workshop

Healing Conflict within and without – A series of 4 workshops, facilitated by Marcus Armstrong – Cost £35 per session, including lunch, concessions available.

19th January - *Session 1 Non Violent conflict resolution*

10th Feb – *Session 2- On Forgiveness*

15th March - *Session 3 Spirituality and Social Change*

12th April – *Session 4 Becoming an agent of Social Change*

13th April – Sound Healing Day – Sounding is fun, uplifting and healing. Using Sanskrit mantras, vowel sounds, affirmations and tree meditations for holistic healing.. Call 07914 814330 for more information **Cost £22.**(not including lunch)

19 – 20th September – Spiritual Explorers Weekend ‘Perceptions of the Past, Visions of the future’ – A workshop led by Rev Ruth Scott (Radio 2 “ Pause for Thought) Cost £35 (includes all meals)

18th October – Interfaith Day – Listening to each other, and opportunity to work with and listen to people from different faith communities. Cost £15 (includes lunch)

SEASONAL EVENTS

As a Christian based community we continue to offer a programme of seasonal celebrations connected to the Christian Calendar. We also support and participate in seasonal events of other faiths.

Holy Week & Easter (as 2007)

21 – 23rd March Holy Week & Easter – Theme for This year is ‘Caring for The Earth’

20th March Maundy Thursday Passover Meal, 6.00pm

21st March – Good Friday, Open Table and Taize Service in the Round Room

22nd March – Vigil for Peace Dusk to Dawn at the Medicine Wheel.

23rd March – Easter Day, 6.30 pm Dawn Service at the medicine Wheel followed by breakfast at the Well.

ADVENT AND CHRISTMAS

7th Dec - Labyrinth Walk 2.30-4.30

A meditative walking prayer for Advent.
Suggested Donation £1.50/£2.00

Open House (Call 241974 for details)

24/25 December Christmas Eve & Christmas Day.

31 Dec New Year’s Eve 8.00pm–1.00am.

OPEN TABLE

Our shared meal takes place on Fridays from 7.30pm (not in February or August or on 3rd Friday of the month). Meals with speakers are listed below.

Cost - Donation for meal - unless Bring & Share indicated.

4th January – Just Supper – a video on INDIA’S HIDDEN SLAVERY followed by a discussion .

1st Feb Just Supper – Holocaust Memorial Day Topic

8th Feb – Open Table – Walking in Peace & Faith – Marcus

7th March -Open Table – Just Supper

25th April Open Table - TBA

2nd May -Open Table –Just Supper

6th June - Open Table –Just Supper

12th Sept - Open Table - TBA

17th October Open Table – Interfaith Topic

21st Nov Open Table – Using the Library – Barbara Merrifield

Other dates for Speakers will be published on our website.

REGULAR EVENTS

Art at The Well (contact 07725697682)

Wednesday 7.30pm

Sound Healing (contact 07914 814330)

Wednesday 7.30pm

Writing at the Well – 7.45pm

Why not come along and join in? If you have ever thought of trying to put pen to paper you will be made very welcome.

21st January

4th & 18th Feb

3rd, 17th & 31ST March

14th & 28th April

19th May

2nd, 16th & 30th June

14th & 28th July

8th & 22nd September

6th & 20th October

3rd & 17th November

1st & 15th December

CIRCLE DANCING 2.30 – 4.00pm

One of the most ancient ways in which people celebrate community and togetherness,. Come explore and try some dances as we start this new group at the Well. Facilitated by Liz Baker, a member of the Well Community and qualified drama and movement teacher. **Suggested Donation £1.50-£2.00**

20th January – Circle Dancing

20th April Circle Dancing

29th June Circle Dancing

26th October Circle Dancing

23rd Nov Circle Dancing

New for 2008

LABYRINTH WALKS

Meditative body prayer using traditional labyrinth patterns. Facilitated by Rev Liz Baker **Suggested Donation £1.50/£2.00**

24th June - Midsummer Labyrinth Walk

5th October Harvest Labyrinth Walk

7th Dec Advent Labyrinth Walk

Do you want to run your own labyrinth walk. Our mobile labyrinth is available to you for £15/day. Facilitation can be arranged.

ACOUSTIC EVENINGS

Generally held at 7.30pm on the first Saturday of the month. A simple meal followed by music, poetry storytelling and fun. All are welcome to perform.

Cost (includes food) £5.00, Children Free. Concession £3.00.

26th January Acoustic Evening – Burns Night- Fundraiser

1st March Acoustic Evening

5th April Acoustic Evening

11th October Acoustic Evening & Harvest Supper with Willen Church – Church Fundraiser.

1st Nov Bonfire Night Acoustic Evening

13th Dec Acoustic Evening & Christmas Party Christmas fun, Music, poetry and food

OTHER EVENTS

HEALING AND WHOLENESS

Dayspring Meetings (held at Willen Priory)

1st Friday of the Month 10.00 – 12.00pm

3rd Thursday of the Month 2.30 – 4.30pm

SPECIAL EVENTS FOR 2008

20th January – Steve Barbe launches his CD “Roy Wells Collage of Music” All proceeds from this evening will go to The Well at Willen charitable Trust Hospitality fund. This will support our work with homeless,

30th August – World Music Day & Well Party. For the second year we are celebrating diversity through music. Weather permitting this will take place in our garden. Bring a picnic, The Well will provide strawberries & cream and soft drinks.

11th October Apple Day - we have a wide variety of apple trees in our orchard. We welcome you to join us in the harvesting of the fruit and to enjoy the fruits of our labour. Harvest and weather permitting we will be juicing, blanching and cooking apples. This is a fun day and we will provide a light lunch.